

ICIEF Board

*The Monthly
Living Guide
for the Itabashi
International
Community*

ICIEF

Seeking Students for Beginning Japanese Classes

The Foundation conducts beginning Japanese classes for people living in Itabashi who are new to Japan and/or cannot speak Japanese. If you or someone you know wants to begin learning Japanese, please contact ICIEF.

Please note: no children can be brought to class.

Place: Green Hall

Capacity: 20 students per course (first-come basis)

Cost: 4,800 Yen ※Separate fee for course materials

To Apply: Send the following information via postcard, fax or email, by Sept 27 (Fri) (postmarked):

- ① Beginning Japanese Class Application (初級日本語教室申込)
- ② Preferred Course (A, B or C)
- ③ Address, postcode
- ④ Name (with furigana) ⑤ Gender ⑥ Telephone number ⑦ Nationality

Itabashi Cultural and International Exchange Foundation (ICIEF), International Exchange Section
Itabashi 2-66-1 〒173-8501 (inside Itabashi City Hall, Culture & International Exchange section)

☎ : 03-3579-2015 FAX : 03-3579-2166 E-mail : kkouryu@city.itabashi.tokyo.jp

◎ Course Schedule ◎

◎ Mon/Thurs : 10:00~12:00

Every Mon and Thu from 07/10/2013~24/03/2014

◎ Tues/Fri : 18:30~20:30

Every Tues and Fri from 08/10/2013~18/03/2014

◎ Wed/Sat : 10:00~12:00

Every Wed and Sat from 09/10/2013~19/03/2014

※No classes on holidays

Event

"Autumn Jamboree 2013 in Yatsugatake"

~Crimson leaves of autumn in Japan! International exchange festival in the great outdoors!~

The International Exchange Festival will be held over 1 night and 2 days in Yatsugatake, in the shadow of the mountains beautifully-colored with autumn foliage. Wake up to the sound of birds singing and go to sleep under a star-filled night sky. Why not escape from the busyness of daily life and spend a leisurely time with people from different countries in the great outdoors? We've prepared lots of fun-filled plans such as barbeque, hands-on workshops, campfire and more. Let's create wonderful memories together!

Date: October 26 (Sat)~27 (Sun) **Accommodation:** Itabashi Youth Outdoor Learning Center Yatsugatake Lodge, Nagano prefecture

Capacity: 15 Japanese people, 15 non-Japanese people (age 20 yrs or over)

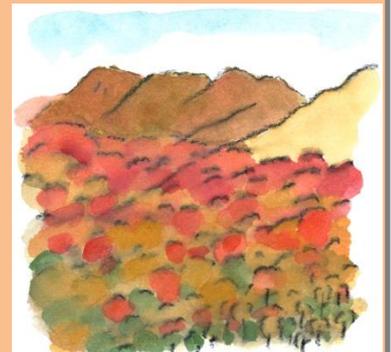
Cost: 6,000 Yen (includes transport, lodging, activity fee and meals) ※Travel by coach

To Apply: Send the following information by return postcard, fax or email:

- Autumn Jamboree 2013 (オータムジャンボリー2013 申込) ②Name (with furigana)
③Address ④Gender ⑤Age ⑥Nationality ⑦Telephone number

※If applying by return postcard, limit 2 persons per postcard. Write ②~⑦ for both people.

Deadline: October 7 (Mon) (A lottery will be held if oversubscribed)



Contact: Itabashi Culture and International Exchange Foundation, International Exchange Section
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Admin

Admission of Foreign National Children to Itabashi Schools

If you wish to enroll a foreign national child in an Itabashi City elementary school, please bring the child's passport and complete enrollment procedures at the Educational Affairs Section.

If you can, please bring someone with you who understands Japanese.

In Itabashi, as a rule children attend elementary school based on the school district where they live. However, choice of another nearby school may be possible if you have a good reason. If you wish to change the choice of school, please ask when you apply.

Eligible to start school in 2014: Children born from April 2, 2007 to April 1, 2008

Application period: August 26 to October 17, 2013

Monday~Friday 9:00~12:00, 13:00~17:00

Applications/Contact: Board of Education, Educational Affairs Section (Itabashi City Hall 8F, Counter #2) ☎ : 03-3579-2611



Event

International Salon Friendship Club Nakama

Want to make new friends? The International Salon is a place where foreign people and Japanese people can meet and interact. Please drop by!

Date: ①September 14 (Sat) 14:30~16:30 ②October 5 (Sat) 14:30~16:30

Place: Both ①,② Green Hall, Room 504 (Sakae-cho 36-1)

Access: 5 min walk from Toei Mita Line "Itabashi Kuyakusho-mae" or Tobu Tojo Line "Oyama" stations

Cost: 200Yen (includes refreshments)

To apply: None necessary. Please turn up on the day!

Contact: ICIEF International Exchange Section ☎ : 03-3579-2015

※Friendship Club *Nakama* has a homepage! It's full of information about the club's staff and activities. Find it by searching for 「フレンドシップクラブ 仲間」



Event

Itabashi Historical Museum – Coming Attractions

①Project Exhibition - "Regional History Series: Akatsuka"

Akatsuka has many ancient remains and people have been living there continuously since a settlement existed in the Middle Ages. Besides illuminating these historical changes, the exhibition will also introduce materials to do with radish pickling conducted there between the 1850s and the 1910s and Chugan Engetsu, the maker of the inscription on the bell in the Great Hall.

Period: October 12 (Sat)~December 1 (Sun)

Place: Itabashi Historical Museum 2F, Project/Special Exhibition Hall

②Old Folk House Annual Event - *Otsukimi* (moon-gazing)

This year too we will display moon-viewing decorations handed down in the Akatsuka area.

Period: September 19 (Thu)~23 (Mon, national holiday)

Place: Old Folk House, Itabashi Historical Museum

Entry Fee: ①+② both FREE to enter!

Museum opening hours: 9:30~17:00 (Last entry 16:30) ※Closed Mon (Open Mon national holidays; closed following Tues)

Contact: Itabashi Historical Museum (Akatsuka 5-35-25) ☎ : 03-5998-0081



Event

Itabashi Gathering for Peace

～Student reports from Hiroshima/Nagasaki study trips + film screening～



Itabashi City issued its Peace Manifesto on January 1, 1985, and undertakes various projects in order to make the declaration a reality. One of those is the presentation of reports by middle-school students from their study trips to Hiroshima and Nagasaki at the “Itabashi Gathering for Peace”. Another is the screening of the film “HOME:The Little Pixie” (「HOME～愛しの座敷わらし～」) about the importance of family bonds and starring Yutaka Mizutani in the main role.

Beforehand, from 5:00 pm the Itabashi Peace Flame parade, lit by the joint flames of the Peace Flame from Hiroshima and the Flame of Promise from Nagasaki, will proceed from City Hall to Culture Hall.

Date : November 6 (Wed) 18:00～21:00

Place: Culture Hall

Capacity: 1,200 people (by lottery)

Fee: FREE

Contact/To apply : Send the following information via return postcard to the below address to arrive by October 15:

①“Itabashi Peace Gathering” Application (板橋平和のつどい申込) ②Address (write return name and address) ③Name (furigana)④Telephone number (group representative)⑤Work/school name and address (if in Itabashi)⑥Number of people
※Max. 5 people per 1 postcard, write ②～⑤ for each person.

General Affairs Section (Itabashi 2-66-1 〒173-8501) ☎ : 03-3579-2052

Event

Human Cinema Festival 2013

The Japan Association for UNHCR holds a charity film festival with the full cooperation of AEON Co., Ltd. and the AEON 1% Club. Together they are proud to bring you a choice selection of internationally acclaimed films.

Host: The Japan Association for UNHCR

Place: AEON Cinema Itabashi and elsewhere (See <http://humancinemafestival.org/festivalmap/> for details)

Cost: FREE ※Prior booking essential

To Book: Starts September 10 (Tues). Moviegoers are required to leave and re-enter the venue between film screenings.

- ①Official website (<http://humancinemafestival.org/>)
- ②Toll-free phone number (0120-230-732 Mon～Sat 10:00～18:00)
- ③At cinema box office (Please ask cinema staff)

Films on Show:

1. **Le Havre** (Winner of the FIPRESCI Prize at the 2011 Cannes Film Festival)

The northern French port town of Le Havre. One day shoe-shiner Marcel, who enjoys a quiet life with his wife Arletty, crosses paths with a young immigrant boy who has arrived from Africa. The film depicts the characters' struggles in the midst of the ensuing deportation crisis with a comedy touch. (2011/93 min/Subtitled)

■Dir.:Aki Kaurismäki (Finland)

■Date:①October 5 (Sat) 14:00～ ②October 6 (Sun) 16:30～

2. **For a Moment, Freedom** (Prizewinner at 2008 World Film Festival in Montreal)

Three groups of refugees fleeing Iran and heading for Turkey: a married couple with a child, two cousins looking after their relatives' children, and two male friends. Although they have all managed to cross the border safely, they now spend their days in a fleabag hotel waiting patiently for their refugee status to be granted. The film portrays the difficulties of gaining refugee status and the way the refugees' lives hinge on that decision.

(2008 /110 min/Subtitled)

■Dir.:Arash T. Riahi (Iran)

■Date:①October 5 (Sat) 16:30～ ②October 6 (Sun) 14:00～



~Coughing and phlegm that continue for more than two weeks may be TB!~

Symptoms of Tuberculosis

Tuberculosis is transmitted by inhaling the tuberculosis bacterium. The initial symptoms are often not very pronounced. If cold-like symptoms such as coughing, phlegm and lethargy continue for two weeks or more you should suspect tuberculosis.

When are People Susceptible to Tuberculosis?

It is easy to develop the disease if you inhale the tuberculosis bacterium when the body's immunity is low, such as at times of accumulated fatigue or continuously irregular lifestyle. People who have other diseases which impair the immune system, such as diabetes and HIV, and people who have been under severe psychological stress, should take extra care.

Tuberculosis Vaccination and Early Detection

Keeping a healthy immune system is vital for preventing tuberculosis. Eating a balanced diet, getting plenty of rest and moderate exercise are important, so is having a health check once a year. If you experience coughing or phlegm that continue for two weeks or more see a doctor right away.

If you are Diagnosed with Tuberculosis

Tuberculosis gets better if you take your medicine properly. Itabashi City has programs to support patients with costs of medical treatment and medication and offers medical checks and consultation for people who have come into contact with the disease. Please inquire for details.

Contact: Disease Prevention Section, Infectious Diseases Group ☎ : 03-3579-2321

ICIEF Box <Moon-viewing>

In Japan, it is the custom to do "moon-viewing" on the night of the full moon on August 15 by the old calendar (lunar calendar). People decorate the windowsills of the house with round *dango* (dumplings made from rice flour), ears of Japanese silver grass and wildflowers symbolizing autumn and admire the full moon. August 15 by the lunar calendar corresponds to the middle to end of September by the Western calendar; this year it will fall on September 19. By this time the hot summer is passing and a hint of autumn coolness has begun to appear. The air is clear and you can expect to see the moon very clearly.

The custom of moon-viewing apparently came to Japan from China 1000 years ago. At that time it was a courtly event when nobles held banquets while admiring the moon. After that the custom spread among the common people with the additional meaning of praying and expressing gratitude for the autumn harvest.

In China, August 15 by the old calendar is celebrated as a mid-autumn harvest festival (national holiday) and families gather to eat mooncakes. In Korea too, it is a public holiday known as Chuseok (autumn eve) and the whole family gathers to repose the souls of their ancestors and appreciate the moon.

Incidentally, in Japan we say that you can see "a rabbit pounding rice cakes" in the black shadow visible in the full moon, and the moon and rabbits are strongly associated with each other. Around the world there are various legends explaining the shadows in the moon, such as an old lady reading a book, a barking lion, and a crab with one large claw. It seems that the full moon possesses a strange power to inspire sentimental feelings in people in countries all over the world.

On September 19, why not look up at the full moon and try to remember the old tales you heard back home in your childhood?

