

ICIEF Board

*The Monthly
Living Guide
for the Itabashi
International
Community*



迎春



Admin

Eco Life Fair 2015

Eco Life Fair 2015 will provide an opportunity to rethink your daily lifestyle and embark on an eco-friendly way of life. Businesses and environmental groups will introduce ideas for environmentally-friendly living and environment workshops, etc. The event is open to everybody, so please come along!

Date: January, 30 (Fri), 31 (Sat) 10:00~16:00 / **Place:** Green Hall (Sakae-cho 36-1, Itabashi) / **Cost:** FREE

Access: 5-minute walk from Itabashi Kuyakusho-mae station (Toei Mita Line) or Ohyama station (Tobu Tojo Line)

Event Contents

• **Display corner**

Displays of energy-saving and energy-efficient devices by businesses and groups, introduction to energy-saving measures at home, etc.

• **Environment workshop**

Learn about earth-friendly lifestyles with fun hands-on recycling activities for children.

There will also be other displays and events where you can enjoy learning about the environment. We look forward to welcoming you to the event!



★Nine Green Actions! Save the environment - try them out at home now!★

- ① Set the temperature on your heating to 20°C (guideline) in winter.
- ② Switch your TV and PC settings to energy-saving mode and turn them off when you are not using them.
- ③ Turn off lights when you are not using them and buy energy-saving types when replacing light-bulbs.
- ④ Turn down the temperature on your refrigerator from “strong” to “medium”.
- ⑤ Conserve energy when cooking by adjusting the heat and using drop lids for saucepans, etc.
- ⑥ Conserve energy by adjusting the temperature on your water boiler accordingly and avoiding reheating bath water.
- ⑦ Be careful not to leave the water running in the shower or faucet.
- ⑧ Take an “eco bag” (re-usable bag) with you when you go shopping.
- ⑨ Use public transport when you go on outings and walk or cycle to nearby places.

Contact: Environmental General Affairs Subsection, Environmental Strategy Section ☎03-5970-5656

Event

Guide to Itabashi Bologna Children's Book Hall

Itabashi Bologna Children's Book Hall is a library of picture books from around the world donated to Itabashi by the Bologna Book Fair Office in Italy. Here members of the public can pick up and read picture books from various regions of the world such as America, Europe, Asia and Africa. Every week on Saturday, children and adults alike gather to enjoy "World Picture Books Story Hour"!

The library is located inside part of the former Itabashi 3rd Elementary School building. Browse picture books from around the world to your heart's content in a relaxing atmosphere with warm wood paneling. We look forward to welcoming you to the library!

Opening hours: 10:00~17:00 / **Entry fee:** FREE

Closed Days: Mondays, last day of the month (following day if Sat/hol)
End of year/New Year period (December 29~January 4)

Contact: Hon-cho 24-1, Itabashi, Tokyo 〒173-0001

☎: 03-3579-2665 **FAX:** 03-3579-2294

E-mail: ehon@city.itabashi.tokyo.jp



Itabashi Hon-cho station,
Toei Mita Line

Itabashi Bologna Children's Book Hall 3F



Event

Itabashi Education and Science Hall: Guide to Events

● **Planetarium General Projection: "The Aurora: Mysterious Light"**

Date: January 4 (Sun)~January 31 (Sat) / 15:30 ※Excluding January 25

Place: Education and Science Hall Planetarium / **Target:** Elementary school students to adults / **Cost:** Adults ¥350, Children ¥120

● **Planetarium Astronomy: "Talk on the Constellation Orion"**

Date: December 25 (Thurs)~January 31 (Sat) Wed 14:00, Sat/Sun/hol 11:00

Place: Education and Science Hall Planetarium / **Target:** All welcome / **Capacity:** 197 people / **Cost:** FREE

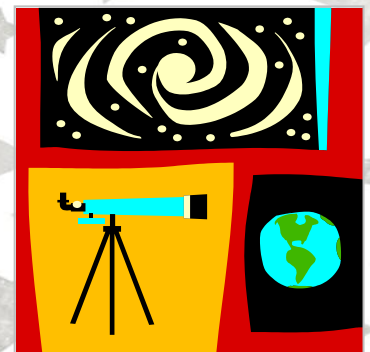
● **Planetarium Concert: "Music from Celts and Beyond"**

Date: February 28 (Sat) 14:00~

Performers: Rintaro Kimura (Celtic harp), Asako Sugano (violin), Tomohiko Kira (guitar) (ZABADAK)

Place: Education and Science Hall Planetarium / **Target:** Elementary school students to adults

(※Elementary school children must be accompanied by an adult) / **Capacity:** 197 people / **Cost:** ¥1500



Event

Itabashi Education and Science Hall: Guide to Events

●Star-gazing Club

Date: January 24 (Sat) 18:00~

Place: Education and Science Hall Planetarium; Itabashi Peace Park

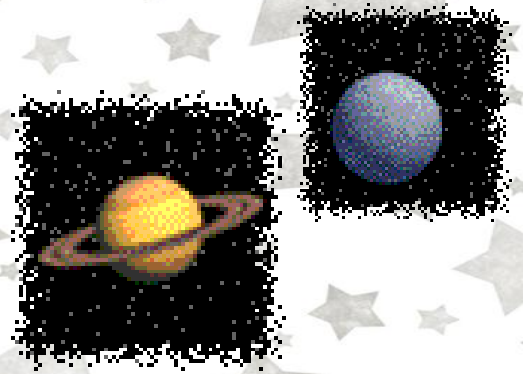
Target: Elementary school students to adults

(※Elementary school students must be accompanied by an adult)

Capacity: 197 people / **Cost:** FREE

Contact: Tokiwadai 4-14-1, Itabashi 〒174-0071 ☎03-3559-6561

E-mail: itakk@itbs-sem.jp ★See homepage for more details: <http://www.itbs-sem.jp>



Event

Itabashi Historical Museum: Guide to Events

①Special Exhibition: “Itabashi’s Primitive, Ancient and Medieval Eras Viewed from Excavated Artifacts: Focusing on Artifacts from 1975 Onward”

With the amendments to the Law for the Protection of Cultural Properties in 1975, it became necessary to submit prior notification when conducting engineering works within the bounds of any site well-known to contain buried cultural properties (archaeological ruins). With this, urgent excavations of ruins increased and many new facts were discovered. This exhibition brings together the survey results of the last forty years and examines them from multiple angles as well as introducing the primitive, ancient, and medieval history of Itabashi.



Period: Until February 22 (Sun)

Place: Itabashi Historical Museum 1F, 2F exhibition room



②Old Folk House Annual Event “Mayudama”

“Mayudama” is a traditional decoration used to pray for an abundant harvest made by threading pink and white cocoon-shaped *dango* (rice flour dumplings) on tree branches and tying it to the main pillar of the house on January 15. In rural areas it is known as “meedama” and was carried out until the early Showa Period (late 1920s).

Period: January 10 (Sat)~18 (Sun)

Place: Old Folk House, Itabashi Historical Museum

Both ① and ②

Opening Hours: 9:30~17:00 (Last entry at 16:30)

Closed on Mondays (Open on January 12, closed 13)

End of year/New Year period (December 29 (Mon)~January 3 (Sat))

Contact: Itabashi Historical Museum (Akatsuka 5-35-25 ☎03-5998-0081)



International Salon: Friendship Club *Nakama*

Did you see the first snow? It's getting colder and colder, but you can warm yourself up by having fun hanging out with your Japanese and foreign friends at Friendship Club *Nakama*!

The International Salon is a place where foreign and Japanese people can meet and freely interact over tea and refreshments held once a month by volunteers. Experience Japanese and world cultures, make new friends, and practice using foreign languages you've learned. Please come along!



Date / Place: 2/21, 3/21, 4/11, 5/9 (Sat) 14:30~16:30 Meeting Room 601, Green Hall (Sakae-cho 36-1)

※5/9 only held in Meeting Room 504

Access: 5-minute walk from Itabashi Kuyakusho-mae station (Toei Mita line) or Ohyama station (Tobu Tojo line)

Cost: ¥200 (includes refreshments) No booking necessary, just turn up on the day!

Contact: ICIEF Itabashi International Exchange Section ☎ 03-3579-2015

※Friendship Club *Nakama* has a website with lots of information about its staff and activities. Find it by searching for "Friendship Club *Nakama*" (「フレンドシップクラブ仲間」).



<http://www.geocities.jp/itabashifriendshipclub/index.html>



<https://www.facebook.com/itabashifriendshipclubnakama>

Applications for Tokyo Public Housing

Tokyo plans to accept applications for its public housing in early February.

Eligible households: Families (point system), Singles, Silver Peer

※Point system is limited to single-parent households, elderly people, people with physical and mental disabilities (e.g. wheelchair users), families with many children, etc.

Details (application period etc.) have yet to be decided, but will be announced in early January via *Koho Itabashi*, *Koho Tokyo*, and the Tokyo Housing Supply Corporation

Recruitment Center's telephone service (☎03-6418-5546) and homepage (<http://www.to-kousya.or.jp/>).

Contact: Tokyo Housing Supply Corporation Recruitment Center ☎03-3498-8894

Itabashi Housing Policy Section, Housing Policy Promotion Group ☎03-3579-2186



ICIEF is Now Recruiting "Foreign Language Volunteers"!

ICIEF is currently recruiting "Foreign Language Volunteers" who are active in supporting people living in Itabashi who are facing problems in daily life due to the language barrier as well as at international exchange projects and events.

Why don't you try using your language abilities as a volunteer? _____

● Interpreting volunteers... Interpreting at parent-teacher meetings at elementary and middle schools in Itabashi, procedures at City Hall counters, and international exchange events

● Translation volunteers... Translation of documents issued by City Hall and foreign language letters, emails etc.

See the homepage (<http://www.itabashi-ci.org/int/registration-method2/>) for details!

Contact: Itabashi Culture and International Exchange Foundation, International Exchange Section ☎03-3579-2015

