

ICIEF Board

The Monthly
Living Guide
for the Itabashi
International
Community

ICIEF

Free Legal Consultation for Foreign Residents

Experienced lawyers will give expert advice on issues that often affect foreign residents, such as visas, immigration, refugee status, divorce, inheritance, labor, etc. Private consultation available; appointment only.

※ Interpreting available; please inquire at time of booking.

Date: • April 16 (Thurs), 2015 13:30~16:00 • May 21 (Thurs) 13:30~16:00
• June 20 (Sat), 2015 13:30~16:00 • July 16 (Thurs) 13:30~16:00

Place: Green Hall (Sakae-cho 36-1, Itabashi) **Cost:** FREE (consultation time max. 30 minutes per person)

To apply: Apply to the below by 3 days before each event. (Emails in Japanese, English or Chinese are accepted)

E-mail: kb-bk-kanri@city.itabashi.tokyo.jp **Contact:** ICIEF, International Exchange Section ☎03-3579-2015



Event

Green Festa 2015

Enjoy fun events and stalls among the fresh spring greenery of the botanical gardens where Itabashi's official flower *nirinso* (anemone) blooms!



Date: April 12 (Sun)~April 19 (Sun) 10:00~16:00

Place: Akatsuka Botanical Gardens (Akatsuka 5-17-14, Itabashi)

Access: 5 min walk from Kokusai Kogyo bus "Akatsuka-hacchome" bus stop
From Narimasu station North Exit...Bound for Akabane station West Exit or
Shimura-sanchohome station; from Shimura-sanchohome station...Bound for
Narimasu station North Exit

Content: April 12 (Sun) Hawaiian concert, trying out outdoor goods,
international food stalls (Laos, Thailand, Vietnam, Korea, Hawaii), April 18
(Sat) classical concert, juggling show, guided tours, herbal flower bouquet
workshop etc. April 19 (Sun) touring Children's Zoo, flowerpot decorating, trying out hammocks etc.

Contact: Greenification Promotion Group, Parks and Greenery Section ☎03-3579-2533

Other attractions include...

Nirinso floral display, Itabashi *ippin*
(delicacies), postal stamps stall, free fresh
herbal tea, Itabashi volunteers etc.

Admin

School Expenses Subsidy System



There is a subsidy system to assist families with costs of school lunches, equipment, trips and excursions, events etc. depending on their income situation. Families of children attending public elementary and middle schools in Itabashi should apply through their child's school. Families of children attending national or public elementary and middle schools other than Itabashi public schools should inquire with the section below (Japanese only).

Contact: Educational Affairs Subsection, Educational Affairs Section ☎03-3579-2611



● Spinning Top Tournament

Date: April 29 (Wed, nat. hol.) Place: Science and Education Hall 1F

Cost: FREE Reception/registration: from 9:30am at the Practice Area

① "Time Trials" 13:30~14:20 Target: Elementary school and below

② "Match-up Tournament" 14:30~15:30 Target: All welcome!

※ Prizes will be awarded to the top three contestants in both event groups.

【Practice Area】 Time: 9:00~12:00 ※ Instructors available 9:30~12:00

● Golden Week Science Festa

Date: May 2 (Sat), 3 (Sun, nat. hol.), 4 (Mon, nat. hol.)

Booth A "Colorful Slime" 13:00~15:45 Cost: ¥100 ※ No application necessary, just turn up at the booth!

Booth B "Artificial Caviar Snowdome" 13:00 / 13:45 / 14:30 / 15:15 (4 times)

Cost: ¥500 Target: Older children and above (elementary school pupils grade 3 and below must be accompanied by an adult) ※ Registration opens at 1F Reception from 10:40 on the day.

Date: May 5 (Tues, nat. hol.) 6 (Wed, nat. hol.)

Booth A "Colorful Artificial Caviar" 13:00~15:45 Cost: ¥100 ※ No application necessary, just turn up at the booth!

Booth B "Make Your Own Candle" 13:00 / 13:30 / 14:00 / 14:30 / 15:00 / 15:30 (6 times)

Cost: ¥500 Target: Older children and above (Elementary school pupils grade 3 and below must be accompanied by an adult) ※ Registration opens on 1F Reception from 10:40 on the day.

Contact: Itabashi Science and Education Hall (Tokiwadai 4-14-1, Itabashi 〒174-0071)

☎03-3559-6561 E-mail: itakk@itbs-sem.jp

Itabashi Social Education Accommodation Facilities

Itabashi's two education facilities located in rich natural surroundings in Yatsugatake (Nagano prefecture) and Haruna (Gunma prefecture) can be used by anyone living, working or studying in Itabashi.

【Youth Outdoor Learning Center Yatsugatake Lodge】

◆ **Location:** Azahirohara 1-1322, Tatsuzawa, Fujimi-machi, Suwa-gun, Nagano prefecture

◆ **Accommodation fee:** General ¥1,300, under 15/over 65/disabilities ¥650 (pppn)

◆ **To apply/Contact:** ☎0120-988-083 (freephone) or ☎0266-66-2323

◆ **Homepage:** <http://www.hoyojo.jp/itabashi-yatsugatake/>

【Haruna Forest Academy】

◆ **Location:** Haruna-kocho 845, Takasaki-shi, Gunma prefecture

◆ **Accommodation fee:** General ¥800, under 15/over 65/disabilities ¥400 (pppn)

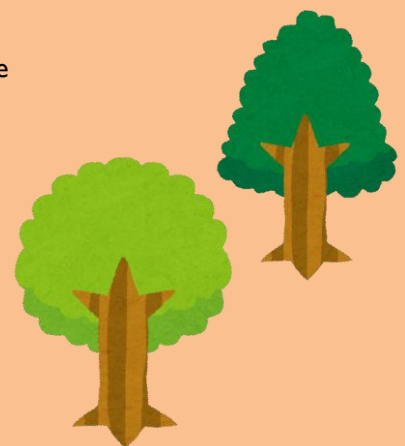
◆ **To apply/Contact:** ☎027-374-9315 ◆ **Homepage:** <http://itabasi-haruna.com/>

«Reservation Method»

Reserve directly by telephone or through the homepage on the first day of the month two months before the month of stay (for group reservations of 30 people or more, three months before the month of stay)

※ Facilities may not be available for use on some dates due to official events sponsored by Itabashi City.

※ For more details, please telephone each center directly or inquire through the homepage.



Admin

Archery Lessons

Archery is the sport of shooting with a bow and arrow at a target tens of meters away.

The sport originally comes from Great Britain but is now enjoyed all over the world and is also an official Olympic event. People love the exhilarating feeling of shooting outdoors and the feeling of satisfaction when the arrow hits the bulls-eye!

Date: Four days in May (detailed schedule to be announced in *Koho Itabashi*)

Place: Western archery range (Higashi Sakashita 2-21, Itabashi)

Access: 10 min walk from Hasune station (Toei Mita subway line) or 3 min walk from Sangenya bus stop, Kokusai Kogyo bus, Ike #21 route, between Takashimadaira station and Ikebukuro station West Exit

Target: Junior high school pupils and above **Capacity:** 30 people

Cost: Adults ¥2,600, Junior high school pupils ¥1,300

※An additional facilities fee of ¥310 is also required (¥100 for junior high school students).

Contact: Administrative Subsection, Sports Promotion Section ☎03-3579-2651



Event

Guide to Itabashi Bologna Children's Book Hall

Itabashi Bologna Children's Book Hall is a library of picture books from around the world donated to Itabashi by the Bologna Book Fair Office in Italy. Here anyone can pick up and read picture books from various regions of the world such as America, Europe, Asia and Africa. Every Saturday, children and adults alike gather to enjoy "World Picture Books Story Hour". Browse picture books from around the world to your heart's content in a relaxing atmosphere with warm wood paneling. We look forward to welcoming you to the library!

Opening Hours: 10:00~17:00 **Entry:** FREE

Closing days: Mondays, last day of the month (the following weekday if it falls on Sat/hol)
Yearend/New Year holiday period (Dec 29~Jan 4)

Contact: Itabashi Bologna Children's Book Hall (Hon-cho 24-1, Itabashi)

☎03-3579-2665 FAX: 03-3579-2294 Email: ehon@city.itabashi.tokyo.jp



Admin

Itabashi Senior Citizens' Bathing Project

Itabashi operates the Senior Citizens' Bathing Project aimed at Itabashi residents over the age of 70 designed to promote health and social interaction and exchange among elderly people.

Target	Those born before April 1, 1946, with a registered address in Itabashi
To apply	Fill in your name (with <i>furigana</i>), address, DOB and telephone number on the application form and apply by either of the following methods: ① By mail: Affix a ¥52 stamp and apply by mail. ② In person: Bring your application form and apply directly at the "Contact" below
Application Forms	Available at the Longevity Society Promotion Section, all Residents' Offices, Regional Community Centers, Health & Welfare Centers, Senior Citizens' Health & Welfare Centers, Fureai Halls, Ikoi-no-le (Rest Houses), and public bathing facilities in Itabashi
Ticket Issue Method	A "proof of issuance" will be sent to your house. Take this to a public bathing facility and exchange it for bathing tickets.
Application Period	① By mail: April 1, 2015~March 22, 2016 (postmarked) ② In person: April 1, 2015~March 31, 2016
Ticket Validity Period	Until March 31, 2016
No. of Uses	15 times (within the fiscal year) ※Each person can apply only once each fiscal year.
Amount	Customers are responsible for paying ¥50 per time

Contact: Senior Activities Support Subsection, Longevity Society Promotion Section ☎3579-2372 / Senior Citizens' Bathing Project dedicated phonenumber ☎03-3579-1288

※Dedicated phonenumber in operation April 1, 2015~May 29, 2016 (9:00~17:00, exc. weekends and national holidays)

Applications for Tokyo Public Housing

Tokyo Metropolitan Government plans to accept applications for its public housing in early May.

Target Households: Families, Singles, Fixed-term leases (Young Families, Large Families), Young Families

Detailed application guidelines (application period etc.) will be announced at the end of April via *Koho Itabashi, Koho Tokyo* and the Tokyo Housing Supply Corporation Recruitment Center's telephone service (03-6418-5571) and homepage (<http://www.to-kousya.or.jp/>).

Contact: Tokyo Housing Supply Corporation Recruitment Center ☎03-3498-8894
Housing Policy Development Group, Housing Policy Section ☎03-3579-2186



International Exchange Cooking Party ~Let's Try "WASHOKU"~

Become a master chef of *Washoku*, Japanese cuisine! *Washoku* was recently registered as a UNESCO intangible cultural heritage. You too can become a master of *Washoku* by practicing cooking actual recipes while talking and interacting with people from various different countries at this event.



Date: May 23 (Sat), 2015 10:00~15:00

Place: Narimasu Social Education Hall (1-12-4 Narimasu, Itabashi)

Capacity: 20 non-Japanese people. Aspiring male chefs also very welcome!
(Lottery held if oversubscribed)

Cost: ¥1,000 ※The recipe menu is a surprise!

Things to Bring: Bandana/headscarf or similar, apron



To apply: Send the following information by fax or email by May 7 (Thurs), 2015 to the address below: ① "International Exchange Cooking Party Application" (「国際交流クッキングパーティー申込み」), ② Address, ③ Name (*furigana*), ④ Gender, ⑤ Nationality, ⑥ Telephone number, ⑦ Email address

Contact/To apply: ICIEF, International Exchange Section

☎03-3579-2015 FAX 03-3579-2166 Email: kkouryu@city.itabashi.tokyo.jp

International Salon: Friendship Club *Nakama*

The International Salon is a place where foreign people and Japanese people can meet and interact freely over a cup of tea held once a month by the volunteer group *Nakama*. Experience Japanese and world culture, make new friends, and practice using foreign languages you've learned. Please drop by! We look forward to seeing you!

Date/Place: 4/11, 5/9, 6/6, 7/4, 8/1 (all Sat) 14:30~16:30 Green Hall Room 504 (Sakae-cho 36-1, Itabashi)

※ (4/11 only Room 601)

Cost: ¥200 (includes refreshments) No booking necessary – just turn up on the day!

Contact: ICIEF, International Exchange Subsection ☎03-3579-2015

※ Friendship Club *Nakama* has a website with lots of information about its staff and activities.

Find it by searching for 「フレンドシップクラブ仲間」 ("Friendship Club *Nakama*").



<http://www.geocities.jp/itabashifriendshipclub/>



<https://www.facebook.com/itabashifriendshipclubnakama>

★ Consultation Support Center for Foreign Residents TEL: 03-3202-5535 / 03-5155-4039

【Time】 Mon~Fri 9:00~16:00 ※ No service every 2nd and 4th Wed 【Languages】 English, Chinese, Spanish, Portuguese