

ICIEF Board

*The Monthly
Living Guide
for the Itabashi
International
Community*

ICIEF

Free Legal Consultation for Foreign Residents

Experienced lawyers will give expert advice on issues that often affect foreign residents, such as visas and immigration, refugee status, divorce, inheritance, labor etc. Consultations are held in private, however, you need to make an appointment in advance. Interpreting services are available in English, Chinese, Korean and Tagalog (please enquire at time of booking). You do not need to speak Japanese to use this service.

If you know any foreign residents in your local area who are facing problems or experiencing difficulties, please let them know about this event!

Date: June 20 (Sat) 13:30~16:30 (Reception closes at 16:00)

Place: Green Hall, 2F ※Please come directly to the venue

Cost: FREE

※To help the consultation go smoothly, we strongly recommend that you make a note of your problem on paper before you come.

※Childcare available (By reservation only. Please apply by telephone by June 11 (Thu) if you require childcare).



Contact: ICIEF Itabashi Culture and International Exchange Foundation ☎03-3579-2015

E-mail: kkouryu@city.itabashi.tokyo.jp

Event

Itabashi and Bologna, Italy, Sister City 10th Anniversary Events

Events will be held in celebration of the 10th anniversary of the signing of the “Friendship Cities Exchange Pact” between and Itabashi and Bologna, Italy. The modern ocarina was invented in Italy, and Italy is also famous for its delicious cheeses and wines.

①Ocarina Concert

Date: July 1 (Wed) 12:20~13:00 **Place:** Itabashi City Hall, IF Event Space

Performers: Kazumi Sato (ocarina), Kayo Maeda (keyboard), Hiroshi Kobari (percussion)

②Cheese Lecture

Date: July 24 (Fri) 18:30-20:00 **Place:** High Life Plaza Itabashi (Itabashi 1-55-16)

Target: Those aged 20 or over living, working or studying in Itabashi

Capacity: 24 people (lottery held if oversubscribed)

Cost: ¥1500 **To apply:** Send the following information by fax, email or postcard by July 9 (Thu) to the address below:

①“Italian Cheese Lecture” Application, ②Address, postcode, ③Name (*furigana*), ④Age, ⑤TEL, ⑥If working or studying in Itabashi, name of school or workplace, ⑦Gender.

Contact: ICIEF Itabashi Culture and International Exchange Foundation

☎03-3579-2015 **E-mail:** kkouryu@city.itabashi.tokyo.jp



ICIEF

Wanted: Itabashi City Foreign Language Volunteers!

ICIEF is now recruiting “**Foreign Language Volunteers**” to assist at international exchange projects and events and offer language support to foreign residents living in Itabashi who are facing problems in daily life due to the language barrier. Use your language abilities to help others!

We are recruiting all languages but in particular we are in need of speakers of **Tagalog, Nepalese and Thai**. See the homepage (<http://www.itabashi-ci.org/int/registration-method2/>) for more details!



(1) Interpreting Volunteers

Interpreting at international exchange events (e.g. free legal consultation sessions), parent-teacher meetings at elementary and junior high schools, and procedures at City Hall counters, etc.

(2) Translation Volunteers

Translation of letters and documents issued by City Hall, etc.

Contact: ICIEF Itabashi Culture and International Exchange Foundation

☎03-3579-2015 **E-mail:** kkouryu@city.itabashi.tokyo.jp

ICIEF

Wanted: Volunteer Japanese Teachers for New Japanese Language Class Opening in Takashimadaira in July!

“Earth Family” (*Chikyū Kazoku*) provides support for foreign residents and is seeking volunteer Japanese language teachers for a new Japanese language class set to open in Takashimadaira in July. It aims to offer classes on a one-to-one basis or in small groups that provide Japanese tuition in line with students’ requests.

Those of any nationality or level of experience are very welcome to attend the information session below.

[Information Session] ※Application necessary.

Date: June 17 (Wed) 15:00~16:00 / 19:00~20:00

Place: Takashimadaira Regional Center, Room 1 (western-style)
(Takashimadaira 3-12-28, Itabashi)



Contact: Yamada ☎ 080-6628-3413 (after 14:00) / **E-mail:** chi9kazoku@yahoo.co.jp

Admin

June 7~13 is Hazmat Safety Week!

Hazmat (hazardous materials) includes many materials we use every day, such as adhesives, aromatherapy oils, waterproof sprays, outdoor firelighters, and high-proof alcohol such as rubbing alcohol/surgical spirit and as well as gasoline/petrol and heating oil (kerosene/paraffin).

Take this opportunity to improve your knowledge and check the correct handling and storage methods for any hazardous materials in your home!



Contact:

Itabashi Fire Station, Fire Prevention Section ☎ 03-3964-0119
Shimura Fire Station, Fire Prevention Section ☎ 03-5398-0119



Enroll in the National Health Insurance!

Non-Japanese residents who fulfill certain requirements for residence status and residence period, who are listed on the Basic Resident Register (i.e. who have completed resident registration), and who are not enrolled in another health insurance program (such as workplace health insurance) should enroll in the **National Health Insurance program (NHI)**.

Under NHI, all enrolled members pay monthly insurance premiums and the equivalent of 30% of the cost when paying medical fees at a hospital or other medical facility, while NHI covers the remaining 70%. Please complete enrollment procedures at Entitlement Assessment Subsection, NHI and Pension Section (City Hall South Building 2F, counter #23).

- ※ Those entering or residing in Japan for the purpose of receiving medical care under the “Designated Activities” residence status (*tokutei katsudo*) (or accompanying persons) may not enroll in NHI, even if they have completed resident registration.
- ※ Those whose residence status is “Temporary Stay” (*tanki taizai*) may not enroll in NHI, no matter how many times they extend their residency period.

Things to Bring	Residence (<i>zairyu</i>) card, passport
Insurance Premiums	¥44,700 per person per year (or more, dependent on income)

- ※ Those aged 40-64 pay an additional premium of ¥14,700 per year for nursing care insurance, a total of ¥59,400 per year (or more, dependent on income).
- ※ Premiums can be paid by electronic bank transfer in addition to payment slip.
- ※ Premiums are adjusted according to number of enrolled dependents and income for the previous year.

Contact: Qualification Assessment Subsection, National Health Insurance and Pension Section, Health and Livelihood Division ☎ 03-3579-2406



Itabashi Historical Museum: Guide to Exhibits Old Folk House Annual Event: Tanabata Festival

Tanabata (star festival) decorations that were used until the late 1950s in the Akatsuka area where the museum is located will be on display. Paper (strips of paper and *origami* paper etc) and pens will also be provided so come and write your wishes and hang them on the tree!



Place: Old Folk House, inside Itabashi Historical Museum courtyard

Cost: FREE entry!

Period: July 5 (Sun)~12 (Sun) ※Closed on Mondays

Opening Hours: 9:30~17:00 (Last entry 16:30)

Contact: Itabashi Historical Museum (Akatsuka 5-35-25) ☎03-5998-0081



International Exchange Salon: Friendship Club *Nakama*

By the time you read this it will already be Japan's rainy season, called "tsuyu" in Japanese! Now is the season when hydrangeas bloom, their colors reflecting beautifully in rain.

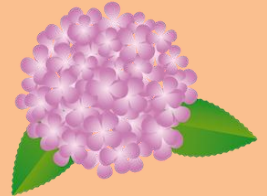
The International Exchange Salon is a place where people can meet and interact freely over a cup of tea held once a month by the volunteer group *Nakama*. Experience Japanese and world culture, make new friends, and practice using foreign languages you've learned. Please drop by, we look forward to seeing you!

Time/Place: 6/6, 7/4, 8/1, 9/5, 10/3 (Sat) 14:30~16:30

Meeting Room 504, Green Hall (Sakae-cho 36-1, Itabashi)

Cost: ¥200 (includes refreshments) No booking necessary, just come directly to the venue!

Access: 5 min walk from "Itabashi Kuyakusho-mae" station (Toei subway Mita line) or "Ohyama" station (Tobu Tojo line)



Contact: ICIEF Itabashi Culture and International Exchange Foundation, International Exchange Subsection
☎03-3579-2015

※Friendship Club *Nakama* has a homepage with lots of information on the club's activities and members. Find it by searching for "Friendship Club *Nakama*" (「フレンドシップクラブ仲間」).



<http://www.geocities.jp/itabashifriendshipclub/>



<https://www.facebook.com/itabashifriendshipclubnakama>



Register for ICIEF's Free Mail Magazine!

You can now register to receive information on international exchange events by ICIEF as well as daily life and administrative information direct to your phone or computer – it's simple and convenient to register!

Information is available in 4 languages (Japanese, English, Chinese, Korean).

Click here or use the QR code on the right to register! → <http://www.itabashi-ci.org/int/mailmagazine/>

Homepage: <http://www.itabashi-ci.org/>

↓ QR code below! ↓

Contact: ICIEF Itabashi Culture and International Exchange Foundation,
International Exchange Subsection ☎03-3579-2015

E-mail: kkouryu@city.itabashi.tokyo.jp



★ Consultation Support Center for Foreign Residents TEL: 03-3202-5535 / 03-5155-4039

[Time] Mon~Fri 9:00~16:00 ※No service every 2nd and 4th Wed [Languages] English, Chinese, Spanish, Portuguese