

# ICIEF Board

## ① Free Legal Consultation for Foreign Residents

Experienced lawyers offer expert advice on issues that often affect foreign residents, such as visas/immigration, refugee status, inheritance, divorce, inheritance, labor, etc. Private consultation, by appointment only.

※If you require interpreting, please request it at the time of booking.

**Time:** 7/21 (Thu), 8/18 (Thu) 13:30~16:00 **Place:** Green Hall meeting room

**Cost:** FREE ※Consultation time is limited to 30 minutes per person.

**To Apply:** By appointment only! Apply by email (Japanese/English) to Contact overleaf by 3 days before each event.



## ② International Exchange Salon: Friendship Club Nakama

The International Salon is held once a month by volunteers as a place where foreign people and Japanese people can meet and interact. Discover new cultures, make new friends, and improve your foreign language skills over a cup of tea! New members are always welcome.

**Time:** 2016/7/2, 8/13 (both Sat) 14:30~16:30

**Place:** Green Hall (Sakae-cho 36-1) July: meeting room 504, August: meeting room 601

**Cost:** ¥200 (includes refreshments) No booking necessary – just turn up!



## ③ Lobby Concert: Hawaiian Songs and Hula Dance



We're pleased to announce the next in our series of ever-popular lobby concerts! Lobby concerts are held at lunchtimes to introduce music and dance to Itabashi residents and are free to attend. Please come and invite all your friends!

**Time:** 7/22 (Fri) 12:20~12:50

**Place:** Itabashi City Hall IF Citizens' Event Space

**Songs:** Kaimanahila, Waikiki and others



### Contact for ①-③:

ICIEF Itabashi Culture and International Exchange Foundation, International Exchange Subsection (Itabashi City Hall, 8F, #13, inside Culture and International Exchange Section)  
Itabashi 2-66-1, Itabashi-ku 〒173-8501 ☎03-3579-2015/FAX03-3579-2166

★Consultation Support Center for Foreign Residents TEL03-3202-5535/03-5155-4039

【Time】 Mon~Fri 9:00~16:00 ※No service every 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 【Languages】 English, Chinese, Spanish, Portuguese

## Free Health Checkups for Foreign Residents



The Asian People's Friendship Society (APFS) is once again offering its annual free health checks for foreign people living in Japan. The health check is open to all regardless of residence status. Please let your family and friends know about it and get them to come along too!

**Time:** 2016/8/21 (Sun) 13:30~16:00 ※Reception closes at 15:00.

**Content:** Chest x-ray, blood pressure, urinalysis, physical measurements, private consultations with doctor and dentist, lifestyle advice

**Interpreting (tentative):** English, Chinese, Tagalog, Nepalese, French, Burmese

**Place:** High Life Plaza Itabashi 2F Hall

**Access:** 1 min walk from west exit, JR Saikyo line "Itabashi" station; 3 min walk from A2 or A3 exit, Toei Mita line "Shin-Itabashi" station

**Organizers:** NPO Asian People's Friendship Society (APFS), NPO SHARE (Services for the Health in Asian and African Regions), Bureau of Social Welfare and Public Health, Tokyo Metropolitan Government

**Contact:** Asian People's Friendship Society (APFS)

☎03-3964-8739 FAX: 03-3579-0197 E-mail: apfs-1987@nifty.com



## Applications for Tokyo Public Housing



Tokyo Metropolitan Government plans to accept applications for its public housing in early August.

**Eligible households:** families (※Point system), singles, Silver Peer (lottery)

※Application by point system is limited to single-parent families, elderly people, disabled people, families with many children, wheelchair users, etc.

Details will be announced in late July in *Koho Itabashi*, *Koho Tokyo*, and via the Tokyo Housing Supply Corporation's telephone service (☎03-6418-5571) and website (<http://www.to-kousya.or.jp/>).

**Contact:** Tokyo Housing Supply Corporation Recruitment Center ☎03-3498-8894

Itabashi Housing Policy Promotion Group, Housing Policy Section ☎03-3579-2186

## Itabashi Recycle Plaza Summer Vacation!



Itabashi Recycle Plaza is made up of two facilities:

① **Processing Zone**, where glass bottles and cans which have been collected in Itabashi are sorted and compressed so that they can be reused; ② **Plaza Zone**, which provides information on recycling. Each month, Plaza Zone displays and sells 50 items of recycled furniture (by application). During the summer vacation, there will also be a variety of extra events such as Itapura Festival and a chance to try your hand at plastic recycling (by application).

**Place:** Recycle Plaza (4-16-6 Funado) ☎03-3558-5374

**Opening Hours:** 9:00~17:00 (Closed 12/29~1/3)

**Access:** 20 min walk from Toei Mita line "Hasune" station or JR Saikyo line "Ukima Funado" station



## Summer Special Exhibition: "Getting to Know Energy"



**Time:** 2016/7/21 (Thu)~8/31 (Wed) 9:00~17:00 **Place:** Ecopolis Center (4-6-1 Maeno-cho)

**Content:** With the start of the deregulation of the electricity sector, this special exhibition offers a chance to think about the topic of "energy". There will also be a variety of workshops and a "Building Blocks Plaza" where you can appreciate the blessing of wood. See Ecopolis Center homepage for details: <http://www.itbs-ecopo.jp/>

**Contact:** Ecopolis Center ☎03-5970-5001 (closed every third Wednesday)

## 57<sup>th</sup> Annual Itabashi Fireworks Festival

Over 12,000 fireworks will be launched from both banks of the Arakawa River, including some of the largest fireworks in Tokyo at over 45cm in diameter! Feeling the rumble of the fireworks in your belly from the audience seating at close range is a unique feature of the fireworks display!

**Time:** 8/6 (Sat) 19:00~20:30 (※Postponed to next day in case of bad weather)

**Place:** Arakawa River banks



### (2) Sales Information

① **Sale Period:** On sale now!

② **Points of Sale:**

- Seven Eleven (24 hours)
  - Circle K Sunkus (5:30~26:00)
  - Itabashi City Tourist Association counter (inside Itabashi Information Processing Center)
- Weekdays (9:00~17:00)

**Contact:** Itabashi City Tourist Association

☎03-3579-2255

Itabashi Firework Festival official website: <http://itabashihanabi.jp/>

### (1) Seating Type / Cost

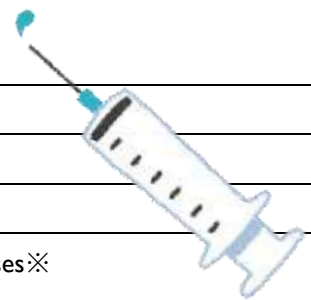
Seat	Capacity	Price (Yen)	Max. no. of Tickets per Purchase
Athletics ground with chair	1 person	3,600	8 tickets
S seat		3,100	
A seat		2,600	
B seat		2,100	
Box seat	4 people	10,400	2 sets of tickets
Athletics ground with table and chairs		28,000	
Group S seat	8 people	24,800	1 set of tickets
Group A seat		20,800	
Athletics ground group seat		28,800	
Grass slope group seat		20,800	

## Childhood Vaccinations

Contagious diseases still pose a threat to children's health, but many can be prevented with vaccinations. Protect your children's health by having them vaccinated! Timing and ages for scheduled vaccinations are determined by law. Registered residents of Itabashi require a vaccination coupon issued by City Hall in order to receive vaccinations. These are sent by mail to those who are eligible.

Name of Vaccine	Timing	No. of Doses
BCG	Up to 1 year old	1
DPT-IPV	From 3 months to 7 and 1/2 years	4
DT (part 2)	From 11 years to 13 years	1
MR (part 1)	From 1 year to 2 years	1
MR (part 2)	The year before entering elementary school	1
Chickenpox	From 12 months to 36 months	2
JE (part 1)	From 6 months to 7 and 1/2 years	3
JE (part 2)	From 9 years to 13 years	1
HIB vaccine	From 2 months to 5 years	Max. 4 doses※
Childhood pneumococcal infection	From 2 months to 5 years	Max 4. Doses

※Number of doses varies according to age of child at first dose.



**Contact:** Disease Prevention Section, Healthcare Center ☎03-3579-2318, Itabashi Health & Welfare Center ☎03-3579-2333, Kami-Itabashi Health & Welfare Center ☎03-3937-1041, Akatsuka Health & Welfare Center ☎03-3979-0511, Shimura Health & Welfare Center ☎03-3969-3836, Takashimadaira Health & Welfare Center ☎03-3938-8621

## Science and Education Hall

### 【Summer Research Project Festa】



**Target:** Older elementary school pupils (ES pupils Grade 3 and below require 1 guardian per child)

① **7/21 (Thu)~23 (Sat)** ※Tickets go on sale at IF Reception from 9:20 on the day.

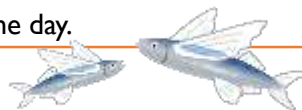
#### ◆Floating Fish Toy Fee: ¥400

Let's make a toy that moves the fish inside using buoyancy! **Times:** 13:00, 13:45, 14:30, 15:15  
(4 times per day, 12 people per time)



#### ◆Fish Mobile Fee: ¥800

Let's make a pretty fish mobile by hanging up fish-shapes! **Times:** 13:00, 14:00, 15:00  
(3 times per day, 8 people per time)



### ②7/25 (Mon)~27 (Wed)

#### ◆Candy Candle Fee: ¥500

Let's make a cupcake-shaped candle with a sweet fragrance! Looks like the real thing!  
13:00, 13:30, 14:00, 14:30, 15:00, 15:30 (6 times per day, 8 people per time)



#### ◆Iridescent Jewel Beetle Specimen Fee: ¥1,000

Let's make a beautiful jewel beetle specimen as a wonderful souvenir of the summer!  
13:00, 13:45, 14:30, 15:15 (4 times per day, 6 people per time)



### 【Planetarium: Special Summer Screening】

“The Secret Society of the Eagle’s Claw: THE PLANETARIUM Ju-ju-jurassic Travel”

**Time:** 7/21 (Thu)~9/25 (Sun) Summer vacation: every day 11:00, 13:30; September: Sat, Sun, hols 13:30

※Closed on 7/28, 29; 8/8, 15, 22; 9/1, 5, 12, 20, 26. No 13:30 showing on 7/30.

**Target:** Elementary school and above **Fee:** Adult ¥350, High school and below ¥120

**Capacity:** 197 people (first-come, first-served) ※No booking necessary - go directly to the venue on the day.

※Discounts available for groups of 20 or more people, those aged 65 and over (bring proof of age), those with disabilities (bring proof of disability).

Itabashi Science & Education Hall, 4-14-1 Tokiwadai ☎03-3559-6561 E-mail: itakk@itbs-sem.jp  
See Science & Education Hall homepage for details: <http://www.itbs-sem.jp>



## Calling Participants! Pick Your Own Fruit + BBQ @Haruna Forest Academy

~Enjoy seasonal fruit picking on a local farm and an outdoor BBQ!~

**Time:** Session 1: 2016/9/10 (Sat)~11 (Sun), 2: 2016/9/17 (Sat)~18 (Sun) ※Both 1 night, 2 days

※Please arrive at the venue by 13:00; event ends after breakfast the following day.

**Target:** Those living, working or attending school in Itabashi (junior high school pupils and below must be accompanied by a guardian)

※Applications are accepted for groups of 2 or more people.

**Accommodation:** Haruna Forest Academy (845-1 Harunako-machi, Takasaki-shi, Gunma prefecture) **Capacity:** 40 people each time (first-come, first-served)

**Fee:** Adult ¥6,900, Over 65s ¥6,500, Children (4~14 years) ¥5,400, Infants (2~3 years) ¥900

※Includes accommodation fee (1 night, 2 meals) and fruit picking fee (pears or grapes).

※Depending on the weather, dinner venue may be moved to an outdoor covered area or the canteen.

**To Apply/Contact:** By telephone directly to Haruna Forest Academy from 7/1 (Fri) ☎027-374-9315 (9:00~17:00)

※Applications for this event are not accepted by email.

