

ICIEF Board

*The Monthly
Living Guide
for the Itabashi
International
Community*

① Free Specialist Consultation Session for Foreign Residents (no reservation)

To support the increasing number of foreign residents who live in Itabashi City, the City will host a free consultation session where foreign residents can meet with lawyers, administrators, and social insurance specialists to discuss issues such as visa acquisition, social insurance, and work-related issues. For those who are not confident in their Japanese language ability, volunteer interpreters can assist you throughout the consultation session. No reservation is required.

Time: 2017.6/18 (Sun) 13:30~16:30 (Front desk open until 16:00)

Place: Green Hall, Hall 2 (36-1 Sakae-cho)

Topics: Visa and residency, marriage and divorce, refugee status, inheritance, employment, insurance

Fee: Free of charge (Approx. 30 minutes per session)



② Free Legal Consultation for Foreign Residents (reservation required)

Experienced lawyers will offer expert advice on issues that often affect foreign residents, such as visas/immigration, refugee status, divorce, inheritance, labor, etc. Private consultation available; appointment only.
※If you require interpreting, please request it at the time of booking.



Time: ①2017.5/18 (Thu) ②7/20 (Thu) 13:30~16:00

Place: Culture Hall (51-1 Oyama Higashi-cho) Meeting Room 3 and 4

Cost: FREE ※Consultation time is limited to approximately 30 minutes per person.

Topics: Visa and residency, marriage and divorce, refugee status, inheritance, employment, insurance

To Apply/Contact: Appointment only! Apply by email to the Contact overleaf by 3 days before each event. Emails are accepted in Japanese or English.

③ International Exchange Salon: Friendship Club *Nakama*

The International Salon is a place where foreign people and Japanese people can meet and interact freely over a cup of tea held once a month by the volunteer group *Nakama*. New members are always welcome to join!

Time: ①2017.5/13 (Sat) ②6/17 (Sat) 14:30~16:30

Place: Green Hall (36-1 Sakae-cho) Meeting Room 601 and 504

Cost: ¥200 (Includes refreshments) No reservation required



Contact for ①-③:

Itabashi Culture & International Exchange Foundation, International Exchange Sub-section (Itabashi City Hall 8F, #13)

2-66-1 Itabashi, Itabashi-ku 〒173-8501 ☎03-3579-2015/FAX03-3579-2166

Science and Education Hall: Guide to Events



● Stargazing

Time: 2017.5/6 (Sat) 19:00 (Opens at 18:45)

Content: Stargazing inside planetarium (with commentary) and stargazing at Peace Park (only in case of clear weather)

Eligibility: Elementary school students or older (elementary school students must be accompanied by guardian)

Capacity: 197 people (first-come, first-served) **Cost:** Free



● Healing Planetarium

Time: 2017.5/27 (Sat) 18:00~18:50 ※Tickets on sale from 17:30, Open from 17:45

Content: A program where you can heal yourself by gazing at the stars while listening to music. The theme of this program is "Time with music and the stars".

Eligibility: 5th year elementary school students or older (elementary school students must be accompanied by guardian)

Capacity: 197 people (first-come, first-served) Cost: ¥350 for adults, ¥120 for high school students or younger

※Discounts are available for senior citizens (65 years or older) or those with disabilities *ID required

Contact: Itabashi Science & Education Hall (4-14-1 Tokiwadai) ☎03-3559-6561

Hours: 9:00~16:30 **Closed:** Every Monday (following day if Monday is a public holiday) ☎03-3559-6561

✉itakk@itbs-sem.jp

※For more details please refer to homepage: <http://www.itbs-sem.jp>

~Satsuki Bonsai Festival~

As part of Itabashi City's efforts to invigorate its agricultural industry, the City will host a Satsuki Bonsai Festival. On display are satsuki raised by caring and thoughtful growers. Plants of various colors will be on display. Local produce, satsuki, potted plants, and flowers will be on sale.

Time: 2017.5/15 (Mon) ~5/18 (Thu) 9:00~17:00 (Until 13:00 on 18th)

Place : Itabashi City Hall Main Building (2-66-1 Itabashi) **Cost:** Free **Contact:** Urban Agriculture Subsection, Akatsuka Branch Office ☎03-3938-5114



Manapo and Ohara Festival

The Manapo and Ohara festival is a festival for people of all ages to gather and learn about the accomplishments of individual groups. The festival will feature activities such as ceramics and photography exhibitions as well as interactive dance and guitar classes.

Time: 2017.6/3(Sat)~4 (Sun) 10:00~17:00 (Until 16:00 on 4th)

Place: Manapo and Ohara (5-18 Ohara-cho)

Contact: Manapo and Ohara (Ohara Lifelong Learning Center)

☎03-3969-0401 ✉osyakyo@city.itabasi.toukyou.jp



Manapo and Narimasu Club Festival 2017

This festival features performances from clubs at Manapo and Narimasu. Featuring a local hip hop dance team, the festival will be a day full of fun and excitement. Watch, listen, participate, and most importantly, have fun!

Time: 2017.6/11 (Sun) 10:00~16:00

Place: Manapo and Narimasu (1-12-4 Narimasu)

Content: Club stage performance (dance, choir, poetry reading), café and soba stands, booths for children, public readings

Contact: Manapo and Narimasu (Narimasu Lifelong Learning Center)

TEL: 03-3975-9706 ✉ nsyakyo@city.itabashi.tokyo.jp

Edo-style dyed Komon Kimono workshop Tour

At first glance komon kimonos appear plain in design. A closer inspection, however, reveals delicate patterns dyed into the clothing's fabric. For foreign residents, Itabashi City is hosting a tour of Kobayashi Workshop, which specializes in the dyeing of these kimonos. This is a great opportunity to come into contact with traditional dyeing techniques transmitted over the centuries.

Time: 2017.6/10 (Sat) 13:00~15:00

(12:30 Meet at Takashimadaira station, Toei MitaLine)

Eligibility: Foreign residents (residents outside of Itabashi can also participate)

Capacity: 20 people (lottery system)

Cost: ¥50 (accident insurance)

Guide: English

Content: Tour of Komon Dyeing workshop and Kobayashi dyeing techniques

To Apply: By 2017. 5 /29 (Mon) , send by e-mail the following: 1) "Application for Sightseeing tour for foreigners"
(2) Address (3) Name (4) Age (5) Sex (6) Nationality (7) TEL number. Send to the below address.

Contact: Lifestyle and Tourism Section ☎03-3579-2251 ✉ kb-kankou@city.itabashi.tokyo.jp



Western Archery Class ~Recruiting participants~

Archery is the sport of shooting with a bow and arrow at a target tens of meters away. The sport originally comes from Great Britain but is now enjoyed all over the world and is also an official Olympic sport. People who try archery love the exhilarating feeling of shooting outdoors and the feeling of satisfaction when the arrow hits the bulls-eye!

Time: Will be held for 4 days in June. Dates will be announced in the 5/13 edition of *Koho Itabashi*.

Place: Archery Range (2-21 Higashi Sakashita) *10 min walk from Hasune station, Toei subway Mita line or 3 min walk from "Sangenya" bus stop, Kokusai Kogyo bus Ike-21 route (Takashimadaira station-Ikebukuro station west exit)

Eligibility: Junior High School students or older

Capacity: 30 people (lottery)

Cost: Adult ¥2,600, Junior High ¥1,300 *There is additional facility fee of ¥310 (¥100 for junior high students)

To Apply: By 2017. 5 /29 (Mon) send a return postcard with the following: (1) "Archery class application" (2) Address (3) Name (4) Age (5) Sex (6) Phone Number. Send to below address.

Contact: Azusawa Gymnasium (〒174-0051 Azusawa 3-1-1) ☎03-3969-4166

Japanese Archery Class ~Recruiting participants~

Wakyu is the ancient Japanese martial art of using a bow and arrow to shoot at a target tens of meters away. Simple and approachable, it is ideal for people of any age, gender or level of experience. Train your body and mind by becoming one with the bow and the target.

Time: Will be held for 6 days in June. Dates will be announced in the 5/13 edition of *Koho Itabashi*.

Place: Wakyu range (3-1-1 Azusawa)

※5 minute walk from Shimura-sakaue station 5 min walk from Shimura-sakaue station,
Toei subway Mita Line or "Shimura Sakaue" bus stop, Kokusai Kogyo bus Ike-21 route
(Takashimadaira station-Ikebukuro station west exit)

Eligibility : Junior high students or older

Capacity: 30 people (lottery)

Cost: Adult ¥4,000, Junior high student ¥2,000 *There is additional facility fee of ¥310 (¥100 for junior high students)

To Apply: By 2017. 5/29 (Mon) send a return postcard with the following: (1) "Wakyu class application" (2) Address (3) Name (4) Age (5) Sex (6) Phone Number. Send to below address.

Contact: Azusawa Gymnasium (〒174-0051 Azusawa 3-1-1) ☎03-3969-4166



Call for Participants: Firefly Viewing and BBQ Evening

Enjoy viewing of wild Genji fireflies and a delicious outdoor BBQ!

Time: 1 night/2 days held 3 times ※Please arrive by 17:00; event ends after breakfast next day.

1st: 2017.7/1 (Sat) ~2 (Sun) 2nd: 2017.7/7 (Fri) ~8 (Sat)

3rd: 2017.7/8 (Sat) ~9 (Sun)

Eligibility: Those living, working or studying in Itabashi (below junior high school students must be accompanied by a guardian)

Place: Haruna Forest Academy (845-1 Harunako-machi, Takasaki City, Gunma prefecture)

Capacity: 70 (first-come, first-served)

Fee: Adult: ¥5,400 / Over 65: ¥5,000 / Child (4~14 years old): ¥3,400 / Infant (2~3 years old): ¥900

※Depending on the weather, the venue for dinner may be moved to an outdoor covered area or the canteen.

To Apply/Contact: Please apply by telephone from 5/1 (Sun). ※Applications not accepted by email.

Haruna Forest Academy ☎027-374-9315 (9:00~17:00)



Itabashi Learning / Sports Guide 2017 《Spring/Summer Edition》

Itabashi City distributes a free booklet introducing all the projects and events being carried out by the City until September. The booklet can also be viewed on the City's homepage. It features information on a variety of projects and events, from seminars on computer skills to useful life skills such as cultivating flowers, and recreational events such as musical concerts, as well as projects and events aimed at children.

《Available at》 Lifelong Learning Section (City Hall North Building 6F, #15), all Social Education Halls, Residents' Offices, Regional Centers, public libraries, and Health & Welfare Centers

Contact: Lifelong Learning Development Subsection, Lifelong Learning Section ☎03-3579-2633