

ICIEF Board

① Free Legal Consultation for Foreign Residents (Reservation required)

A chance to stop pestering your friends for advice and consult a lawyer instead! Get advice about problems you are facing in daily life, such as visas/immigration, marriage/divorce, refugee status, inheritance, labor, insurance/pensions, etc. ※If you require interpreting, please enquire at time of booking.

Time: 2017/8/17 (Thu) 13:30~16:00

Place: Takashimadaira Regional Center Room 1 (3-12-28 Takashimadaira)

Cost: FREE ※Consultation time is limited to approx. 30 mins per person)

To Apply: By appointment only! Apply by email (Japanese or English) by three days before each event.



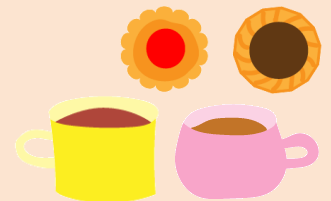
② International Exchange Salon: Friendship Club Nakama

The International Exchange Salon is a place where people can meet and interact over a cup of tea held once a month by volunteers. A chance to discover new cultures and make friends regardless of nationality!

Time: 2017/8/12 (Sat), 9/9 (Sat) 14:30~16:30

Place: Green Hall Room 504(Sakae-cho 36-1)

Fee: 200 yen (includes refreshments) Just come directly to the venue!



③ Earth Village Bowling Party: Friendship Club Nakama

Bowl and make friends with people from around the world. Stick around for tea after!

Time: 10/7 (Sat) 12:30-16:00 *Will meet at Shinitabashi station gate (Toei Mita line) at 12:30

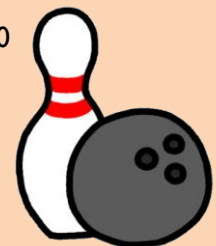
Location: Tokyo Plaza Hotel (4-6-1 Itabashi B1F)

Fee: 1,500 yen (includes costs for game and rental shoes)

Eligibility: Itabashi residents, commuters, and students

Capacity: 20 (10 Japanese + 10 foreign nationals) *Lottery if applicants exceed capacity

To Apply: By 9/6 (Wed), send by email, the Foundation homepage, FAX, or by post the following: 1) "Bowling application" 2) Address 3) Name in hiragana 4) Age 5) Gender 6) Nationality 7) Phone number 8) Name of employer or school (if commuter or student) 9) Bowling average, if any (will use to arrange teams)



①-③ Contact:

International Exchange Subsection, ICIEF Itabashi Culture & International Exchange Foundation (Itabashi City Hall 8F, #13, inside Culture & International Exchange Section) 2-66-1 Itabashi, Itabashi-ku 〒173-8501

TEL 03-3579-2015 / FAX 03-3579-2166

Email: kkouryu@city.itabashi.tokyo.jp HP: <http://www.itabashi-ci.org/>

Science and Education Hall

●Free Research Hall●

Eligibility: Elementary school students and older

(Third-year elementary school students and younger must each be accompanied by a guardian)

*Tickets go on sale at 9:20 on the day of the event and can be purchased on the first floor

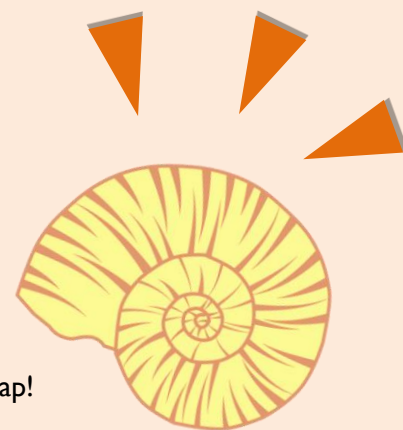
- ①**Clip Motor:** Construct an easy and simple motor! **Time:** August 1-6 (Tue-Sun) 13:00, 13:45, 14:30, 15:15
(Four sessions per day/Eight participants per session) **Fee:** 400 yen
- ②**BottleWeave:** Create objects as they emerge from liquid! **Time:** August 8-13 (Tue-Sun) 13:00, 13:45, 14:30, 15:15 (Four sessions per day/Eight participants per session) **Fee:** 500 yen
- ③**Star-mobile:** Create a star mobile that shakes, complete with 3D videos of space! **Time:** August 15-20 (Tue-Sun) 13:00, 13:45, 14:30, 15:15 (Four sessions per day/Eight participants per session)**Fee:** 400 yen
- ④**Dyed folding fans:** Create your own original fan! **Time:** August 22-27 (Tue-Sun) 13:00, 14:00, 15:00
(Three sessions per day/Eight participants per session) **Fee:** 400 yen
- ⑤**Stardust strap:** Make a strap from stardust! **Time:** August 28-31 (Mon-Thu) 13:00, 13:45, 14:30, 15:15
(Four sessions per day/Eight participants per session) **Fee:** 400 yen

●Summer break 100 yen workshop●

Eligibility: Elementary school students and older

(Third-year elementary school students and younger must each be accompanied by a guardian)

- ①**Ride badge:** Use your favorite colors to create a ride badge!
Time: August 1-6 (Tue-Sun), 28-31 (Mon-Thu)
- ②**Buzz-buzz cicada:** Create a toy that sounds like cicadas!
Time: August 8-13 (Tue-Sun)
- ③**Strange sounding cup:** Create a cup that makes strange sounds!
Time: August 15-20 (Tue-Sun)
- ④**Marble ammonite strap:** Create your own antique original ammonite strap!
Time: August 22-27 (Tue-Sun)



※All events will be held between 10:00 and 15:45. No application required. Come straight to the booth. Event will end once materials run out.

Itabashi Science and Education Hall (4-14-1 Tokiwadai, Itabashi-ku)

☎03-3559-6561 E-mail: itakk@itbs-sem.jp

See the homepage for more details: <http://www.itbs-sem.jp>

*Hours: 9:00-16:30 (9:00-17:00 on 7/21-8/31)

Closed every Monday (Following day if public holiday); Open 8/28 (Mon)



Ecopolis Flea Market



Ecopolis Center will hold a flea market! There will be about 40 booths selling a variety of goods.♪ An eco-friendly event which will help you achieve the “3Rs” (Reduce, Reuse, Recycle).♪ The event venue is indoors, so it will go ahead even in case of rain or bad weather. You might find a bargain you love, so please drop by for a spot of shopping♪

Time: 2017.9/17 (Sun) 10:00~13:00

Place: Ecopolis Center basement floor B1

Contact: Ecopolis Center (4-6-1 Maeno-cho, Itabashi-ku) Email: info@itbs-ecopo.jp

☎03-5970-5001 (Closed every 3rd Monday)



Admission of Foreign National Children to Itabashi Schools



If you wish to enroll a foreign national child in an Itabashi elementary school, please bring the child's passport and complete enrollment procedures at the Educational Affairs Section. If you can, please bring someone with you who understands Japanese.

In Itabashi, in principle children attend the elementary school within the school district where they live, based on their registered address. However, choice of a school in a neighboring school district may be possible with good reason. If you wish to choose a school other than that within your school district, please enquire when you apply.

Eligible to start school: Children born between 2011/4/2~2012/4/1

Application period: 2017/9/1~9/29 Monday~Friday 9:00~12:00, 13:00~17:00

Contact: Education Affairs Subsection, Educational Affairs Section, Board of Education

(Itabashi City Hall North Building 6F #14) ☎03-3579-2611



Disaster Prevention Week



August 30 to September 5 is disaster prevention week. During earthquakes furniture moves and falls over and objects fall down, leading to injuries and increasing the dangers that come with natural disasters. Let's learn how to prevent furniture from falling over and moving and objects from falling down. Let's also participate in disaster prevention drills in order to better prepare ourselves.

Contact: Itabashi Fire Prevention Section ☎03-3964-0119

Shimura Fire Prevention Section ☎03-5398-0119



Itabashi Nursing Care Insurance



Under the nursing care insurance scheme, all those aged over 40 years old enroll as members (the insured) and bear the cost of insurance, and can access nursing care services when needed.

Category 1 insured individuals: those aged 65 and over

Foreign nationals aged over 65 years old who have been legally resident in Japan for three months and who are listed on the Basic Resident Register must all enroll in the Nursing Care Insurance scheme. An insurance card is issued on turning 65 years old. Please look after it carefully. You will qualify to access care and support services in the event that you are certified as needing them.

Insurance premium payments for Category I

Insurance premiums are calculated on a sliding scale according to income, based on a “base amount” calculated from the cost of services. If you have a yearly pension of more than 180,000 yen, premiums are automatically deducted from your pension (Special Collection). However, new qualifiers (those who have turned 65 years old during the current fiscal year, those who have moved in from another municipality) must pay by Ordinary Collection (see below) until Special Collection is initiated. If you have a yearly pension of less than 180,000 yen or are a new qualifier, you must make payments by yourself by either payment slip or bank transfer (Ordinary Collection). If you wish to pay by bank transfer, please contact below to request an application form.

Category II insured individuals: those aged 40~64

Foreign nationals aged 40-64 years old qualify for care or support services if certified as requiring them due to one of sixteen specified diseases covered by nursing care insurance (terminal cancer, cerebrovascular disease, etc.).

Insurance premium payments for Category II

Payments are determined according to the calculation method of your medical insurance plan and are lumped together with your medical insurance premiums.

What happens if you default on insurance premium payments?

If you are behind with insurance premium payments, benefit restrictions may be imposed when you access nursing care services. Please keep up to date on your premium payments to ensure that you can continue to receive nursing care services with peace of mind.

**Contact: Qualifications & Insurance Premiums Subsection, Nursing Care & Insurance Section,
Health & Livelihood Division ☎03-3579-2359**

★Consultation Support Center for Foreign Residents TEL: 03-3202-5535/03-5155-4039

【Time】 Mon~Fri 9:00~16:00 ※No service every 2nd and 4th Wed 【Languages】 English, Chinese, Spanish, Portuguese